

PRE-OPERATIVE INSTRUCTIONS FOR DENTAL SURGERY UNDER ORAL SEDATION

1. Any medical conditions should be discussed prior to surgery date.
2. Please alert the office to any allergies or sensitivities that you might have to antibiotics. You will be prescribed an antibiotic if our doctor determines it to be necessary.
3. Please advise us if you are taking aspirin and/or fish oils daily.
4. Take all medically prescribed daily medications as usual at least 2 hrs prior to appt with only a sip of water.
5. Take all medications prescribed by our office as directed.
6. Do not wear cosmetics around the mouth, as they may be inadvertently transferred into the surgical area during the procedure. Prior to surgery, your nose, cheeks, lips, and chin will be disinfected.
7. Do not drink caffeinated beverages the day of surgery.
8. Do not drink alcoholic beverages for 3 days prior to surgery.
9. **Food/liquids ingestion restrictions:**
 - DO NOT** eat 6 hrs prior to surgical procedure appointment time.
 - Clear liquids (water)** may be consumed up to 2 hours prior to appointment, not to exceed 4 ounces.
10. Wear comfortable, loose-fitting clothing, as we will monitor your blood pressure during the procedure.
11. A responsible adult must accompany the patient. The person must be able to drive because the patient will not be allowed to drive for 24 hrs. Someone must watch the patient for at least 8 hrs after the surgery, they cannot be dropped off alone.
12. Plan to stay at home for the rest of the day, you will not be allowed to drive, work, operate machinery or perform any physical activities for the rest of the day after procedure.
13. Do bring your own music (i-pod and headphones) or we can provide musical selections for you to listen to during your procedure.

Day/Time of Appointment _____

Additional Instructions _____

During business hours if questions or concerns arise, you may call our office number – (239) 275-6564.
After hours and Emergencies please call (239) 789-0159.